

Improving Behavioral Health Outcomes in Primary Care

A MEASUREMENT-BASED CARE INTEGRATION APPROACH

In the midst of the dizzying array of health care reforms unfolding before us, the primary concern of end users has remained constant: Am I getting better, worse or staying the same? In November we tackled this question through BrainFutures2015, our Centennial Conference, which focused on breakthroughs in understanding of the brain that are fundamentally altering care. This year's Legislative Reception will explore this question from a different vantage point: Can patient outcomes using currently available evidence-based treatments be improved through the implementation of Collaborative Care in primary care settings?

According to a recently released report on Care Integration by The Kennedy Forum, strengthening behavioral health services in primary care is an urgent national priority because this is where the majority of people with behavioral health conditions receive care, quality of behavioral health care in primary care is often suboptimal, evidence-based interventions are available that can significantly improve outcomes, and the result is enormous cost savings and improved patient satisfaction.¹

Collaborative Care is an integrated care approach for the treatment of common behavioral health conditions through team-based care management, telepsychiatric consultation and routine monitoring of patient-reported outcomes using validated symptom rating scales to assess treatment response. More than 80 randomized controlled trials have shown that Collaborative Care improves clinical outcomes and patient satisfaction. The IMPACT study for depression, the largest multistate trial to date, achieved a return on investment of \$6 in health care cost savings for each dollar spent on depression care.²

Dr. Henry Harbin, Senior Advisor to The Kennedy Forum, will share The Kennedy Forum's vision to improve behavioral health care delivery in the United States. Dr. Michael Schoenbaum, Senior Advisor in the Office of Science Policy, Planning and Communications at the National Institute of Mental Health, will present an overview of the Collaborative Care model and its evidence base, and share examples of its implementation in the Medicaid, Medicare and commercial insurance markets as well as the military. A diverse response panel will discuss the applicability of the model in Maryland.

^{1,2} Fixing Behavioral Health Care in America: A National Call for Integrating Specialty Behavioral Health Care with the Medical System, The Kennedy Forum, 2015. https://thekennedyforum-dot-org.s3.amazonaws.com/documents/KennedyForum-MeasurementBasedCare_2.pdf

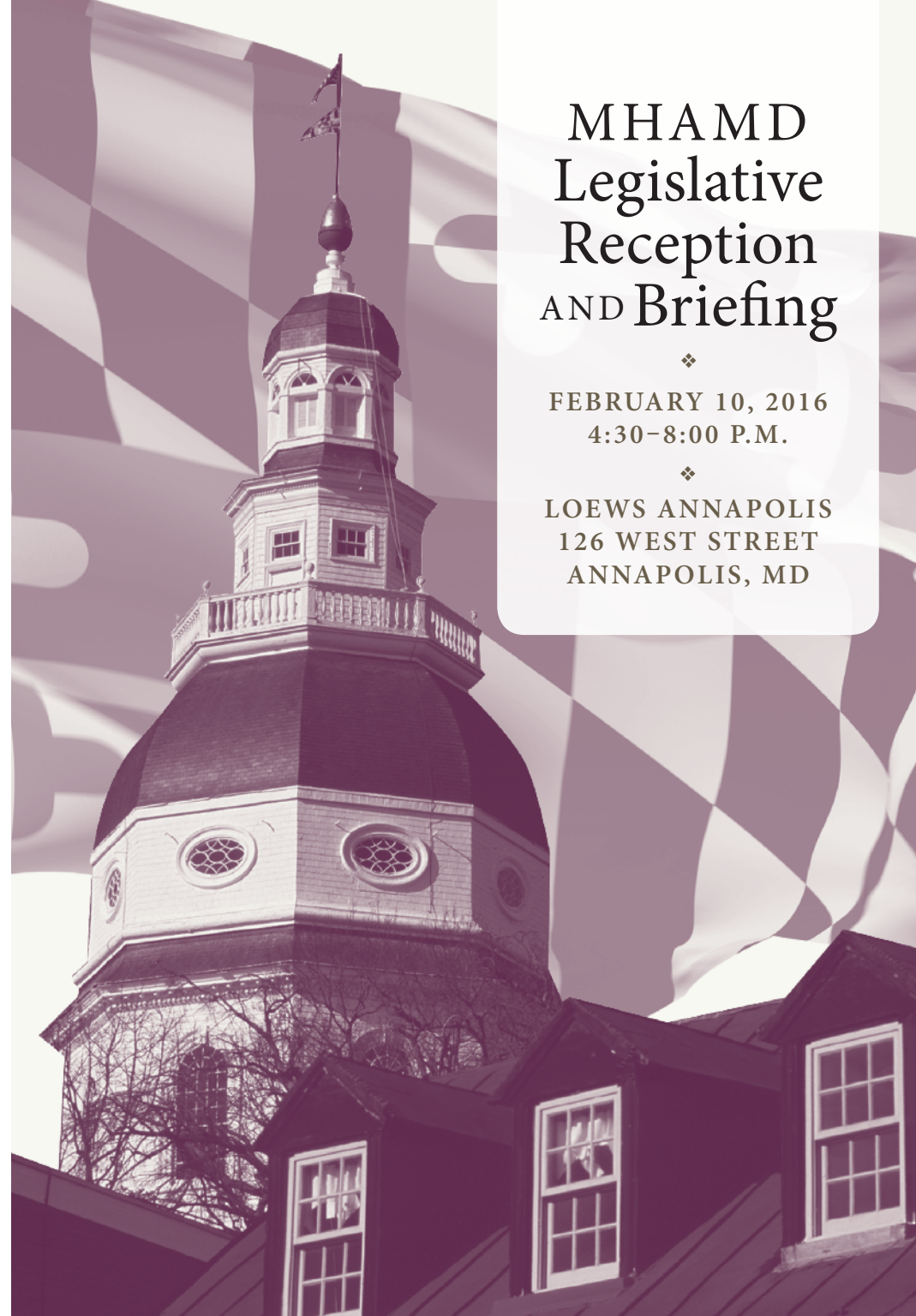


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MHAMD Legislative Reception AND Briefing

❖
FEBRUARY 10, 2016
4:30-8:00 P.M.

❖
LOEWS ANNAPOLIS
126 WEST STREET
ANNAPOLIS, MD

Champions of Today

Each year, MHAMD celebrates the champions whose leadership has had a lasting and profound impact on Maryland's behavioral health system and the people it serves. Our 2016 honorees demonstrate what can be accomplished with leadership, passion and commitment to a just, humane and healthy society.

- ❖ Legislator of the Year • *Honoring public policy leadership*
Delegate Maggie McIntosh, District 43, Baltimore City
- ❖ Paula Hamburger Award • *Honoring a champion for children*
**Sharon Hoover Stephan & Nancy Lever,
Co-Directors of the Center for School Mental Health**
- ❖ Distinguished Service Award • *Honoring visionary leadership and lasting impact*
**Former Delegate Robert A. Costa, District 33B,
Anne Arundel County**

Hope Rings On

100 years ago, a small group of concerned citizens gathered to take action to improve the lives of individuals living with mental illness. Together, they crafted a mission for the future work of the Mental Health Association of Maryland and set in motion a series of events that transformed care and improved lives in the century that followed.

Today, MHAMD is the state's only volunteer, nonprofit organization that brings together consumers, families, clinicians, advocates and concerned citizens for unified action in all aspects of mental health, mental illness and substance use. Our progressive programs ensure more humane treatment, increased research and greater public understanding of the needs of children and adults who live with mental illness and substance use disorders.

MHAMD believes that access—to both services and information—is power. In our centennial year, we are proud to continue this tradition by bringing the latest science and the most promising innovation to a meaningful advocacy agenda.



National Mental Health Bell

SCHEDULE OF EVENTS

4:30 p.m. Preview of 2016 Legislation
Remarks by Barbara J. Bazron, PhD, Executive Director,
Maryland Behavioral Health Administration
Improving Behavioral Health Outcomes in Primary Care:
A Measurement-Based Care Integration Approach
Dr. Henry Harbin and Dr. Michael Schoenbaum
Response Panel
Awards Presentation

7:00 p.m. Reception

REGISTRATION DETAILS

REGISTER ONLINE AT:
www.mhamd.org

OR RETURN ATTACHED FORM TO:
Mental Health Association of Maryland
1301 York Road, Suite 505
Lutherville, MD 21093
Fax: 443-901-0038

MHAMD is a 501(c)(3) nonprofit organization.

REGISTRATION DEADLINE:
February 3, 2016

For disability-related accommodations:
443-901-1550 ext. 201
For more information on organizational
support: Lbmcnee@mhamd.org,
443-901-1550 ext. 209

REGISTRATION & SUPPORT

INDIVIDUAL REGISTRATION: (Please indicate number of attendees.)

- _____ Legislator/Invited Guest of MHAMD
- _____ \$80/Attendee
- _____ \$100/Individual Patron—*Listed in event program.*
- _____ \$200/ Individual Supporter—*Listed in event program.*
- _____ I cannot attend, but please accept my donation to support the essential work of MHAMD.

NAME: (Individual Supporter/Patron: Please print your name below as you wish it to appear in the event program.)

ORGANIZATIONAL SUPPORT LEVELS: (Please indicate desired support level.)

- _____ Underwriter @ \$7500
number of attendees (Up to 20 attendees at this level.)
- _____ Benefactor @ \$3750
number of attendees (Up to 10 attendees at this level.)
- _____ Supporter @ \$2000
number of attendees (Up to 10 attendees at this level.)
- _____ Patron @ \$1000
number of attendees (Up to 10 attendees at this level.)

ORGANIZATION NAME: (Please print your organization name below as you wish it to appear in the event program.)

Contact Name _____
Phone Number _____
Email _____
Organization _____
Address _____
City _____ State _____ Zip _____

Check for \$ _____ is enclosed.

*Please remit payment with this form and make check payable to MHAMD.
All reservations are final and non-refundable. All but the dinner (\$48) is tax deductible.*