

Minimum requirements to be eligible:

- *Having completed a Mental Health First Aid class within the last 3 years
(Recommended for Instructors: class completed in the last year)*
- *Live or work in Maryland*

Overview of Application Questions

1. Teaching Environment

- **Where will you teach?**
 - Independent instructor/entrepreneur in your community, Within your workplace to colleagues, Through your employer or other affiliated organization to the greater community
- **Do you have workplace/affiliated organization support for this training?**

2. Language Proficiency

- **Will you be teaching in a language other than English?**

3. Community Affiliation

- **Are you a part of any of the following communities?**
 - Corrections Professionals, Fire/EMS, Higher Education, Military/Veterans, Older Adults, Public Safety, Rural, Tribal/Indigenous Groups
- **Would you have training opportunities with these communities?**

4. Maryland School District Involvement

- **Do you work within a Maryland Educational Institution?**
 - K-12, College/University, Youth Serving Organization

5. Location and Reach

- **Where do you reside (county in Maryland)?**
- **Which county(ies) do you serve? Select no more than 3.** If you serve more than 3 counties, please select those where you would have the biggest impact in training.

6. Certification Type

- **Which certification are you seeking?** Due to our limited grant funding, we are currently asking candidates to identify the training that is of highest priority to them.
 - Adult or Youth

7. Financial Need

- **Describe your current financial situation or that of your employer/organization, and how financial assistance would support your certification process.** (Limit 250 words / 1200 characters) Please note that we will only review the first 250 words / 1200 characters.
- **Each course participant whom you teach will have a training cost associated with them (\$19-\$29), such as a manual and processing guide. How will this be funded?** MHAMD does not provide ongoing financial support for material costs. (Limit 250 words / 1200 characters) Please note that we will only review the first 250 words / 1200 characters.

8. Capacity

- The Mental Health First Aid community class, which you would teach after certifying as an instructor, consists of 5-8 hours of content, not including breaks. Facilitation generally includes a full day of training plus preparation and wrap-up time. MHAMD often sees instructors who, through no fault of their own, realize that they do not have the time, energy, or capacity to teach in addition to their other roles and responsibilities. We want candidates to evaluate if they can realistically conduct the three trainings per year which are required to maintain certification. If your answer is no, we understand that this does not imply a lack of commitment or passion for this work; we hope to connect with you in the future during a quieter period.

To become proficient in teaching, the National Council for Mental Wellbeing *recommends* an extra 40-hours of review prior to teaching your first class. **Are you prepared to commit to 40 hours of review beyond the 3-day instructor training to become proficient in the materials?**

- **If you become a Mental Health First Aid Instructor, the minimum number of classes you must teach per year to stay accredited is three. Briefly outline your plan for the first three classes.** (Limit 250 words / 1200 characters) Please note that we will only review the first 250 words / 1200 characters.

9. Technical Ability

- **How confident are you in navigating Zoom, PowerPoint, PDFs, video sharing, and online learning management systems?**
- **How confident are you in providing technical assistance to participants who may be struggling with online learning management or video conference systems?**
- **Please describe any technical training or experience you've had with these tools.** (Limit 250 words / 1200 characters) Please note that we will only review the first 250 words / 1200 characters.

10. Entrepreneurship

- **Describe your background in entrepreneurship, marketing, and promotion as it relates to conducting independent training sessions.** (Limit 250 words / 1200 characters) Please note that we will only review the first 250 words / 1200 characters.